



Saturday, April 2, 2016

Group Number 1:

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Executive Summary:

About 1 page – do later tonight.....

Organization Overview:

The Susan G. Komen Foundation was started on behalf of a woman named Susan G. Komen. After Susan battled breast cancer for three years she unfortunately died in 1980. In 1982, Nancy Brinker, Susan's sister, started the Susan G. Komen Breast Cancer Foundation. Since then, the foundation has thrived and has become a nationally known foundation. The foundation established the pink ribbon as a

nation symbol starting in 1991. From there they have grown to accommodate 1.3 million participants in over 100 races and events. They have started events in two foreign countries and plan to establish races in 8 more additional countries. They are constantly being innovative while trying to end the terrible dieses of breast cancer.

Yoga and Cancer:

Yoga, which started over 5,000 years ago, is now a worldwide phenomenon. Originally the practice was started in India incorporating, stretching, breathing, posture practice, and meditation. Yoga was created to relax the body past a state of mind of taking a deep breath. Yoga has been know to calm the mind and give individuals clarity in life and obstacles at hand. According to Cancer Research in the UK, "There is no scientific evidence to prove that yoga can cure or prevent any type of cancer. But there are some studies to suggest that it might help people with cancer to sleep better and cope with anxiety" (.........). In additional to helping patients cope with anxiety, there was a study done in 2010 which did directly relate yoga to helping with depression, fatigue, spiritual well being, mood and sleep.

Although Yoga is not a cure, there are a handful of benefits to doing yoga rather you have cancer or not. Yoga is beneficial to everyone and could improve everyone's quality of life.

Mission:

To save lives and end breast cancer forever by empowering others, ensuring quality care for all and investing in science to find the cures.

Table 1. SWOT Analysis

Table 1. SWOT Allalysis				
Strengths	Large and strong customer base			
	 Affects a large amount of people 			
	Conduct research			
	Provides treatment & screening			
	Reaches individuals around the world			
	• Educations people on the subject			
	 ◆ Have effected more than 3 million people 			
Weaknesses	 Not all proceeds go to research, treatment, screening and 			
	education			
	Some women are untreatable			
	 Money is spent on women that cant be saved 			
Threats	Outside events are doing similar			
	 Less participation over the years 			
	Decrease in revenue			
Opportunities	 To expand the brand into other countries 			
	 Come up with new events to attract individuals with other 			
	interest than running			

Table 2. STEEPLE Analysis

Table 2. STEEPLE Allalysis			
Social	Income distribution		
	• Education		
	● Life styles		
	Work and career attitudes		
	Living conditions		
Technology	 New inventions and development 		
	 Energy cost and usage 		
	Rate of technology		
	Speed of technology		
Economic	Taxation		
	Business cycle		
	• Economic growth		
	Unemployment		
	Consumer confidence		
Environment	Natural resources		
	Carbon footprint		
	Energy		

	Threats from natural causes			
Political	Regulations			
	Competitions regulations			
	Safety guidelines			
	International policies			
	Stability			
Legal	Environmental regulations			
	Employment laws			
	Volunteer laws			
	Corporate governance			
	Environmental regulations			
Ethical	Invasion of personal space			
	Reputation			
	Business ethics			
	Client Confidentially			

Event Strategy:

****Write about it****

Table 3. Objective Levels

Leve	el of Measurement	Event Objective	How to Evaluate
0	Meeting Statistics	Budgets	
		How many people attend	
		How much money is	
		raised	
1	Reaction,	On-Site Survey	
	Satisfactions and	Follow up Survey	
	Planned Action	Observation	
2	Learning	Educations about breast	
		cancer	
		Education about health	
		and wellness	
3	Application		
4	Business Impact		
5	ROI		

Site Selection:

Based on our needs of the event, we feel that the Hy-Vee Center In Des

Moines, Iowa would be the best location for our in-doors Yoga event. The venue

provides a space large enough for at least 75 yoga mats or more for a given session.

The venue also has addition space for breakfast / brunch to be set up without

interrupting or disturbing the calm, peaceful, yoga classes. Below is a rating scale of
the venue in addition to pictures of our site walk through.

Table 4. Event Check list

Table 4. Event Check list				
Category's	Rating Scale: 0-10 &			
	Information			
Size	Level 1: 14,400 sq. ft.			
	Level 2: 150,000 sq. ft.			
Cleanliness	8			
Lighting	7			
Maintenance	8			
Hallway:				
Lighting	8			
Cleanliness	8			
Noise	8			
Elevators: 2				
Cleanliness	8			
Speed	8			
Visibility of Room Names	8			
Freeway Accessibility	8			
On-Property Parking	5			
Parking Fees	Yes			
Equipment	Available upon Request			
Proximity to breakout and function areas	All on level 1 & 2			
Total square footage	164,400 sq. ft.			
Restrooms	On level 1 & 2			
Lobby				
Square Footage	Level 1: 7,300			
	Level 2: 16,400			
Decor	9			
Seating	7			
Location	7			
Cleanliness	9			
Public Restrooms				

Cleanliness	9
Amount	Level 1: 2 Women's & 2 Men's
	Level 2: 2 Women's & 2 Men's

Site Walk Through:

Based on our needs of the event, we feel that the Hy-Vee Center In Des Moines, Iowa would be the best location for our in-doors Yoga event. Hy-Vee Hall is part of the Iowa Events Center and is conveniently located in downtown Des Moines which is right next to the I-235 exit. The venue provides a space large enough for at least 75 yoga mats or more for a given session with multiple room sizes and options available. The venue also has addition space for breakfast / brunch to be set up without interrupting or disturbing the calm, peaceful, yoga classes. As well as a large lobby space for vendors to set up. Below is a rating scale of the venue in addition to pictures of our site walk through.

Refer to appendix _____ for sit pictures.

Event Operations:

To register for Yoga For a Cure, there will be three levels of pre-registration available to ensure that all attendees can afford the day along with get the "Pink Yoga Extras" if wanted. The first level "Pretty Pink" comes with the basic gift bag and water bottle. The second level, "Bright Blush", gives the attendee the perks of ordering a t-shirt with the event and saves the attendee \$5 on the t-shirt fee if they were to buy it regularly. The "Fantastic Fuchsia" level is \$50, but comes with the greatest amount of savings of up to \$35. It includes not only the gift bag with

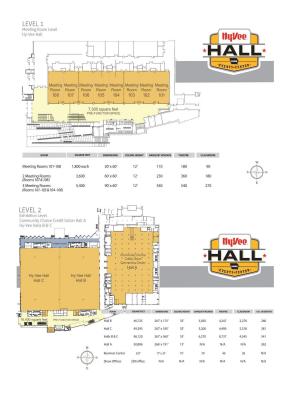
samples, but also a t-shirt and pink yoga mat. Attendees who register the day of the event, "Welcome Watermelons" are always welcome and will receive a gift bag and t-shirts for \$5 while supplies left! We would like to see 150-200 attendees preregister along, and have around 100 day of attendees if possible.

Table 5. Registrations Options

Registrations Package Name	Fee	What's Included
Pre-Registration	\$25	Gift Bag
Pretty in Pink		Reusable Water
		Free Samples
Pre-Registration	\$35	Gift Bag
Blush		Reusable Water
		Free Samples
		T-Shirt
Pre-Registration	\$50	Gift Bag
Fuchsia		Reusable Water bottle
		Free Samples
		T-Shirt
		Pink Yoga Mat
Day of:	\$30	T-Shirt available on-site –
Watermelon		10 each. (first come, first
		serve)

To enable that all of our attendees are finding their correct yoga seminar we will provide maps in registration packets, post signs around all hallways, and have event volunteer to direct traffic of attendees. By labeling maps with "You are here" arrows and placing the agendas for each room on the doors this will clear up any confusion that attendees might have.

Figure 1. Hy-Vee Hall Map



Food and Beverage:

Food and beverages will be supplied throughout the day in the break room, all attendees will receive a ticket to enter the room and enjoy a wide variety of brunch items. Sponsors of Yoga For a Cure include Hyvee, Yoplait, and Aquafina. These food vendors provide the types of food we would have available for attendees. In addition, Yoplait is currently a sponsor of Susan G. Komen and has been since 1998.

Refer to Appendix section ??????????? for the detail charts providing who will be bringing the specific items.

Volunteers:

Volunteers are going to be a huge part of what makes our event a success. We will be breaking down volunteers into five main sections: Yoga Instructors,

Pre-Event, Day Before Event, Day of Event, and After Event Volunteers. The charts have laid out what parts of the events will need volunteers for. We will be asking Iowa State sororities and fraternities to team up with "Day Before", "Day Of", and "After" event happenings. We will also be looking towards the event management students of Iowa State to help in the preplanning stages of the event. Any community members that would like to help are welcome as well. To create a successful event however we need a group of dedicated and guaranteed volunteers that may double up on volunteering stages if they would like.

Refer to appendix _____ for charted information.

Sponsorships:

Sponsorship is the fastest growing form of marketing in the U.S. and when done well, it offers great opportunities for competitive advantages as well as showing support for the event (Friedman).

Asset Valuation

In order for a sponsor to become fully invested in Susan G. Komen Iowa's event, it is important that we give them a good idea of what the event will look and what we consider assets for Yoga for a Cure. Below is a list of Yoga for a Cure's assets.

Table 6. Asset Valuation

Category	Asset	Quantity	Frequency	Expected Price
Annual Event	Breakfast for 200-300 people	1 session	Yearly	\$1500 for breakfast for 300 people
	Yoga Session for 100-150 people	2 sessions	Yearly	for 2 yoga sessions
Print Media	Newspapers	12 ads	Weekly	\$2060 for 12 ads in various newspapers
	Magazines	4 ads	Monthly	\$640 for 4 ads in various magazines
Digital Media	Email	4 sets of emails	Weekly	Free
	Facebook Ads	Based on price	Rotation for 1 month	\$100 per month
Intangibles	Logo	1	Continuous	Negotiable

Some of the categories that we consider assets include the Yoga for the Cure event, the print media for the event, the digital media for the event and the logo for the event.

The Yoga for the Cure event includes a breakfast for 200-300 people and two yoga sessions, each with 100-150 attendees. The cost of breakfast was found by looking at the cost of a catered continental breakfast from Hy-Vee. We found that the continental breakfast, which includes fresh fruit, bagels, muffins, sweet rolls and orange juice or coffee, would be \$5 per person ("Catering Guide"). For each yoga session, we considered the cost of yoga instructors (volunteers from Lululemon and local yoga studios) ("Katy Kass"), the cost to rent out Hy-Vee hall (in-text)

citation) and the cost of our registration packages. We found that the total cost for both sessions would be around \$_____.

In terms of print media, we looked at the cost of placing ads in local newspapers and magazines. We looked at the cost of placing ads in local college newspapers, because we feel that college students would be interested in our event. Two ads in Des Moines Area Community College's The Campus Chronicle would cost \$150 ("Ad Rates"). Two ads in Iowa State University's Iowa State Daily would cost \$500 ("Rate Card & Media Kit"). Two ads in Drake University's Times-Delphic would cost \$360 (The TimesDelphic). We also looked at the cost of placing ads in city newspapers such as the Des Moines Register and the Ames Tribune. Three ads in the Des Moines Register would cost \$900 ("National Rate Guide"). Three ads in the Ames Tribune would cost \$150 ("Print Rates"). We believe that it would be beneficial to place ads in local magazines as well so that we are able to reach more people. The cost of an ad in one month of Our Iowa would be \$420 (Our Iowa Magazine) and the cost of one ad on Travel Iowa magazine's website would be free ("Contact Us").

For digital media we would advertise through email and Facebook. We found that the cost to advertise for one month on Facebook would be roughly \$100 (Kagan). We thought that Facebook and email would both be good platforms to get information about our event out to the public.

The final category that we consider an asset for our event is our logo. We think that it is a good representation of what our event is all about.

Activation and Fulfillment

Activation and fulfillment are two very important aspects of sponsorship.

Activation is how the event manager or event itself would get the client involved.

Fulfillment is what the organization does to ensure that it over delivers relative to what has been contracted in the sponsorship agreement (NB online).

In terms of activation for our event, we would want our sponsors to assist in marketing, public relations and training of volunteers and staff. We are hoping that by including sponsor benefits such as having a sponsor's logo in our newspaper and magazine ads and by giving sponsors the opportunity to set up a marketing booth at our event, they will become more involved in the marketing and public relations aspects of our event.

For the fulfillment side of our event,

Packaging

We feel that it is important to offer different package levels based on the amount of money our sponsors are willing to donate. Below is a list of the benefits that sponsors will receive based on their donation amount.

Benefits	Cancer Crusher \$3,000	Ribbon \$2,000	Pink \$1,000
Distribution of company/organizatio n literature at Yoga for a Cure	x	X	X
Company/organizatio n logo on the Yoga for a Cure newspaper and magazine ads	x		
Company/organizatio n logo on the Yoga for a Cure t-shirt	X	X	X

Company/organizatio n logo on the Yoga for a Cure yoga mat	х	Х	
Vendor booth space at Yoga for a Cure event	X	X	
Opportunity to place company/organizatio n materials in pre-registration gift bags	X	X	
Acknowledgment during on of the yoga sessions	Verbal & Visual	Visual	Visual

For each package we based our pricing range off of the value of the benefits that the sponsor will receive and the size of our event.

We felt that the main cost of the sponsor benefits comes from the cost of ads, the printing of the yoga mats and t-shirts and the cost of renting the space for vendor booths. Sponsors would be paying for part of the cost of ads, yoga mats, t-shirts and all of the cost for the renting of vendor booth space, which would be roughly \$650 ("Expo Vendor Booth Fees").

We also priced our packages based on the size of our event. Our event is on a small to medium scale and we didn't think it would make sense for sponsors to donate more than \$3,000 and less than \$250 (roughly a dollar per attendee).

Potential Sponsors

When researching potential sponsors, we looked at current sponsors for Susan G. Komen Iowa, as well as sponsors that would be willing to donate their products or services to our event.

Refer to appendix ___ to see the potential sponsors chart.

Fundraising:

Based on sponsorship and event operations, fundraising during Yoga for the Cure will generate from registration fees, online donations, and products sold during the event. Yoga for the Cure is focused on providing social and financial support for the Susan G. Komen foundation and all funds earned will go towards breast cancer research. Yoga for the Cure seeks to bring in support from the community by carrying through the global breast cancer movement, while saving and empowering lives.

As participants go through the registration process they will select a registration fee that appeals to their interest and also have a chance to join an online fundraising portion. Participating in the online fundraising portion will allow registered individuals the option to raise money for each yoga session they plan on attending and receive pledges from other friends, family, etc. Those who decide to join the online fundraising portion will be presented with a personalized thank you letter, updates about the event, receive future promotions offered by our sponsors and future organizational events they can partake in.

Yoga for the Cure will have online fundraising that will be available through www.gofundme.com where a "Yoga for the Cure" campaign will be created and all those who register to participate can donate money in their name and also earn the chance to win prizes donated by from our sponsors. If participants do not choose to donate online there will be an option for donation while attending the event where individuals can drop off their contributions at the Yoga for the Cure donation booth.

If participants want to donate directly through the Susan G. Komen foundation then they can access the http://www.komeniowa.org/make-a-donation/ page and select the type of donation they would like to make and carry on through the process. \$10 T-shirts, \$10 BPA free water bottles, yoga mats for \$25, and snacks will be available for purchase during the event where all funds will go towards the foundation. Potential fundraising sponsorship will include but is not limited to, Iowa State Daily, DMACC, HyVee, local gyms, and TV stations. Yoga for the Cure's fundraising mission is to receive balanced contributions to show donors and supporters how meaningful their participation will impact an important cause.

Event Evaluation:

Evaluation is a crucial part of this event especially considering that this is the first time the event will be happening. It is important to see how the attendees react to the environment of the event and rely on their advice and critiques to tweak aspects of the event to make it better.

Level 1 data collection methods would help us get direct responses from the attendees. On site-evaluations would allow attendees to immediately give us feedback and record how they are feeling about the event. We would also do a level 4 data collection with a follow-up survey, which would be sent out a day or two after the event ended. One of our main objectives is to empower the attendees and encourage that they support one another. By asking questions on the survey about

the environment and overall vibe at the event we will be able to gauge if we succeeded in that aspect or not.

Another way to evaluate the success of our event we can look at how many attendees attend the yoga sessions. We can track attendance by taking count of how many people enter each session and then compare it to total amount of people in the whole event venue. Tracking how much attendance each yoga session generates would allow us to make sure the sessions are appealing enough for the attendees to go to compared to the other activities going on such as the sponsorship merchandise stands.

Overall just observing people and how they act at the event is a great way to evaluate how people are reacting to different aspects. Look to make sure that people aren't just standing around and that they don't look unhappy. You can get a lot of feedback by having a few event volunteers assigned to watching attendee behavior. If attendees aren't happy, they'll show it. Whether it's on their face, or with their body language it will be easy to pick up on.

This yoga events main goal is to of course raise money for the Susan G.

Komen foundation but we also want to strive to motivate people to get involved in finding a cure. So yes it is important to evaluate how much money we generate, but it is also very important to evaluate the overall feeling the attendees have while they are at the event and after they leave. By having an equal amount of evaluation methods for these two aspects, we will get a good overall idea of how successful Yoga for a Cure was/ will be in the future.

Work Cited: ***** DON'T FORGET YOUR CITATION:*****

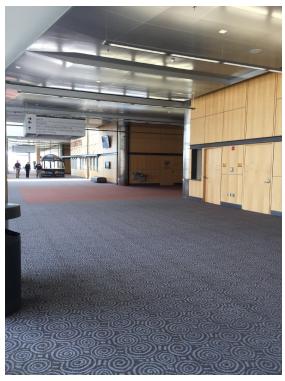
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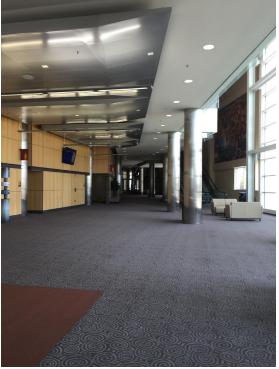
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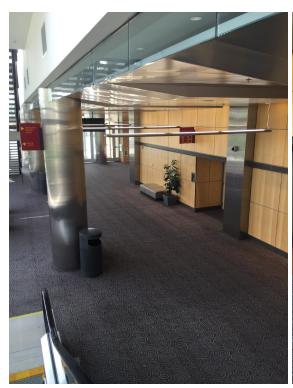
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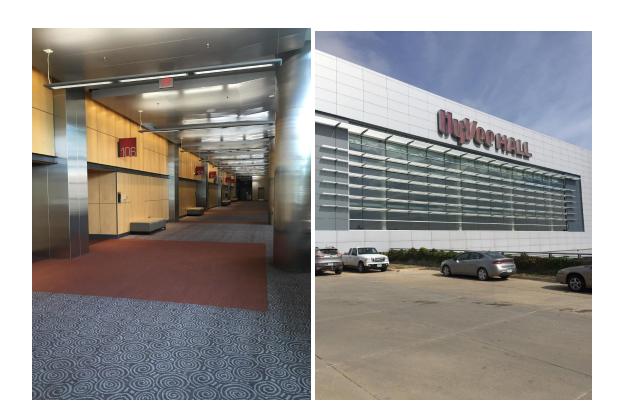
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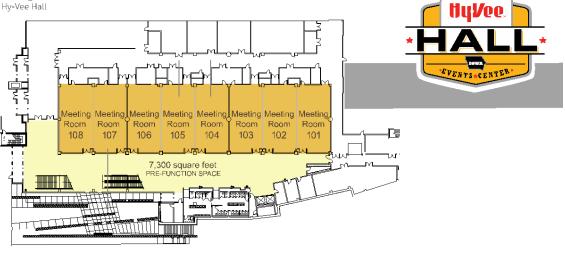












ROOM	SQUARE FEET	DIMENSIONS	CEILING HEIGHT	BANQUET ROUNDS	THEATRE	CLASSROOM
Meeting Rooms 101–108	1,800 each	30' x 60'	12'	110	180	90
2 Meeting Rooms (Rooms 107 & 108)	3,600	60' x 60'	12'	230	360	180
3 Meeting Rooms (Rooms 101–103 & 104–106)	5,400	90' x 60'	12'	340	540	270





Table ?. Food and Beverage Donations

Store	Item	Amount	
<u>Hyvee</u>	Granola Bars: Chocolate Chip	100 Bars	
	Fruit and Grain: Strawberry Cereal Bar	80 Bars	
	Apples	100 Apples	
	Bananas	100 Bananas	
	Granola: Banana Walnut	(10) 24 oz. Bags	
	Granola: Fruit and Nut	(10) 24 oz. Bags	
	Granola: Vanilla Almond	(10) 24 oz. Bags	
	Water Flavoring: Orange	150 Packets	
	Water Flavoring: 200 Packet Lemonade Water Flavoring: Grape 150 Packet		
<u>Fareway</u>	Granola Bars: Honey Oat	100 Bars	
	Granola Bars: Peanut butter	100 Bars	
	Apples	100 Apples	
	Bananas	150 Bananas	
	Bagels: Honey Wheat	150	

	Bagels: White	150	
	Bagels: Blueberry	100	
	Bagels: Cinnamon	100	
	Gluten Free Cinnamon Bread	(20 Pieces) 5 Loaves	
	Cream Cheese: Regular	(50) 1 oz. Packets	
	Cream Cheese: Strawberry	(100) 1 oz. Packets	
	Cream Cheese: Blueberry	(50) 1 oz. Packets	
	Cream Cheese: Garlic	(50) 1 oz. Packets	
<u>Aquafina</u>	Water Bottles	(700) 8 oz. Bottles	
<u>Yoplait</u>	90 Calorie: Strawberry	(100) 6 oz. Containers	
	90 Calorie: Blueberry	(100) 6 oz. Containers	
	90 Calorie: Vanilla	(100) 6 oz. Containers	
	Greek: Cherry	(75) 6 oz. Containers	
	Greek Vanilla	(75) 6 oz. Containers	
<u>McDonalds</u>	1% Milk	(200) 6 oz. Bottles	
	Coffee	15 Airpots (600 Cups)	
	Orange Juice	30 Gallons	
	Lemonade	30 Gallons	
	Sweet Tea	30 Gallons	

Table ?. Volunteer Commitment Charts

Pre Event				
	<u>Name</u>	Cell Number	Email	<u>Group</u>
Call and Email				
Sponsors (12)				
	1)			
	2)			
Pick Up				
Sponsor				
Donations (6)				
	1			
	2)			
Send Out Press				
Release (2)				
	1)			
Email Out Info				
Packets (2)				
	1)			
Printing				
Signage (4)				

	1)		
	2)		
Registration Packet Creation (6)			
	1)		
	2)		

Table ?. Volunteern Commitment Charts 2

	1 40 20 11 1 010	inteern Committe	Tene enures 2	
Day Before Volunteers				
	<u>Name</u>	Cell Number	Email	<u>Group</u>
Setting Up				
Rooms (6)				
	1)			
Setting Up Signs (2)				
	1)			
Table/Chair				
Movement (6)				
	1)			

Table ?. Volunteern Comitment Chart 3

Day Of				
Volunteers	X Y			
	<u>Name</u>	Cell Number	<u>Email</u>	<u>Group</u>
Registration				
Table (4)				
First Shift	1)			
	2)			
Second Shift	1)			
	2)			
Directional				
Helpers (5)				
First Shift	1)			
Second Shift	1)			
Snack Station				
(4)				
First Shift	1)			
	2)			
Second Shift	1)			
	2)			

Table ?. Volunteer Commitment Chart 4

After Event Volunteers				
	<u>Name</u>	Cell Number	Email	<u>Group</u>
Clean Up Crew				
(15)				
	1)			
	2)			
Thank You				
Notes (5)				
	1)			
	2)			

Table ?. Potential Sponsors

Table ?. Potential Sponsors			
Sponsor Category	Why?	Current Sponsor for Susan G. Komen lowa?	
Newspapers:	Possibility of donated		
Des Moines Register	advertising, extended	• No	
Ames Tribune	community awareness of	• No	
	event		
Magazines:	Possibility of donated		
• Potel	advertising, extended	• No	
	community awareness of	• No	
	event		
TV Stations:	Possibility of donated		
• KCCI	advertising, extended	• Yes	
• KDSM	community awareness of	• No	
• WHO	event	• No	
● Abc5		• No	
Restaurants	Large community		
McDonalds	awareness of listed	• Yes	
Bruegger's Bagels	restaurants	• Yes	
Panera		• No	
 Perkins Restaurant 		• No	
Grocers	Possibility of donated		
• Hy-Vee	event space (Hy-Vee	• Yes	
Fareway	Hall), food and catering	• No	
• Aldi	(Hy-Vee), large	• No	
Trader Joe's	community awareness of	• No	
	listed companies		
Beverages	Large community		
Aquafina	awareness of listed	• No	
	company		

Gyms	Directly related to	
• Farrell's Extreme	wellness aspect of Yoga	• Yes
Body Shaping	for a Cure event,	
Lifetime Fitness	possibility of volunteer	• No
● Gold's Gym	yoga instructors	• No
Anytime Fitness		• No
Snap Fitness		• No
Planet Fitness		• No
• YMCA		• No
Workout Gear	Directly related to yoga	
• Lululemon	aspect of Yoga for a Cure	• No
	event, possibility of	
	volunteer yoga	
	instructors, large	
	community awareness of	
	company	
Healthcare	Directly related to	
Iowa Radiology	wellness and health,	• Yes
Unity Point Health	possibility of volunteer	• Yes
(John Stoddard	speakers to educate Yoga	
Cancer Center)	for a Cure attendees	
The Iowa Clinic	about breast health	• Yes
Women's Center		