

# Social Media Posts

Bogo Bowl – PR Internship

Iowa Realty Commercial – Branch Coordinator



BOGO Bowl updated their cover photo.

December 2, 2015 · 🌐

This is a gift that gives twice. Each kit given helps animals in need. Single Kits (\$9.99) include 1 cling, 1 wallet card, 1 guide, 1 \$5 BOGO Bowl coupon and a \$3 match to the charity of your choice. Double Kits (\$12.99) include 2 clings, 2 cards, 1 guide, 1 \$5 BOGO Bowl coupon and a \$5 match to the organization of your choice. They make great stocking stuffers, Secret Santa gifts, or thoughtful presents for your neighbor, postal carrier, hairdresser, wine club friend... really, who couldn't/wouldn't use it? PREORDER now for shipping the last week of November! <http://www.bogobowl.com/save-our-tails-p/sot.htm>



**Save Our Tails!**

- Wallet card
- Window cling
- Guide
- \$5 BOGO Bowl coupon
- \$3 to your favorite animal nonprofit

**\$9.99**

**FREE shipping!**



Happiness is taking a walk with a good friend.

**BOGO BOWL**

You buy a bag and we give a bag to a pet in need.

In the Continental US

0 Items: \$0.00

Choose a Formula:

Puppy

Maintenance

Healthy Weight

Chicken

Lamb

Salmon

Grain Free

Formulas



Cat Products

Dog Products

Grain Free Dog Products

Samples

Kitten

Adult Cat

Healthy Weight Cat

Grain Free Buffalo Duck

Grain Free Chicken

Grain Free Whitefish Duck

Chicken

Healthy Weight Dog

Lamb

Maintenance

Puppy

Salmon

Gifts & Gift Certificates

Certificates

Email Signup



Enter Email Address

Receive the latest news, specials and product announcements.



Save Our Tails

Home > Gifts & Gift Certificates >

Save Our Tails



Larger Photo

Email a Friend

We give \$3 for Single (1 cling & 1 card) and \$5 for Double (2 clings/2 cards) Kits.

**WOOHOO!** Shipping Included on All Orders!

Choose Your Options...

Save Our Tails

Single Save Our Tails Kit [Add \$9.99]

Qty: 1

Add to Cart

Add to Wish List

Description

You're on your way home from work, and you're in an accident. You're going to be fine, but tonight's accommodations will be provided by the local emergency room. Do you have a plan in place to take care of your best friend Lucy?

The Save Our Tails kit will help you plan for the unexpected! This unique kit includes:

- Save Our Tails Wallet Card that lets first responders know you have loved ones at home and who to contact to see to their care. One card in the Single kit, two cards in the Double kit.
- A bright, eye-catching Save Our Tails Window Cling to let fire fighters know if something happens when you're not home your most important possession. One Cling in the Single kit, two Clings in the Double kit.
- Preparing For The Unexpected - a guide that will help you establish a plan for emergencies. One per kit.
- You'll also get a \$5 coupon for your first bag of BOGO Bowl. A full bowl at home means a full bowl at a shelter or rescue that matters to you!
- We'll give \$3 for the single kit, or \$5 for the double kit, to the shelter, rescue, pet pantry or other nonprofit of YOUR choice.

And shipping is free!

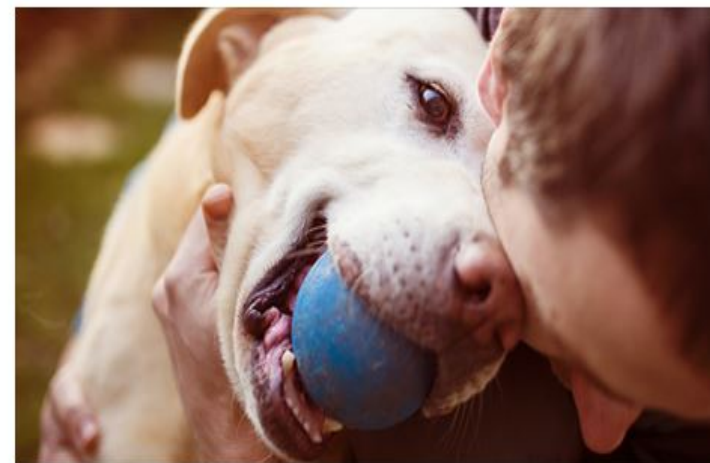
Related Products



Casa de Perro Animal Rescue via BOGO Bowl

Like Page

November 21, 2015 · 🌐



Save Our Tails kit from BOGO Bowl

Kit contains a wallet card, window cling for your entryway door, and a Preparing for the Unexpected booklet that helps you document how you want your pets cared for in your absence.

[WWW.BOGOBOWL.COM](http://WWW.BOGOBOWL.COM)

Shop Now

"I've been getting compliments on the quality of my dogs' coats - seeing the newer dog's coat improve under my care is proof of the quality of the food. And the service is personal, prompt and friendly. Love BOGO Bowl!!!!"



GOOD LOVE





Good Life: What does Meals on Wheels have to do with pets? A lot. There are many seniors in this country whose only family - whose only compassion - is a furry friend. Meals on Wheels programs keep our most vulnerable neighbors in their homes, and out of costly facilities... and companion programs like AniMeals work with them to be sure they get to stay with their best friend. Cooperation + collaboration = better lives all around.

### MEALS ON WHEELS SAVES

 $=$ 

ONE YEAR OF  
MEALS ON WHEELS

SEVEN DAYS IN A  
NURSING FACILITY

Seniors Could Soon Use Food Stamps for Grocery Delivery

About 9.3 million seniors don't have reliable access to nutritious food.

Good Pet: Remember nothing is imperfect. Everything is uniquely beautiful.



Perfect Imperfection: Photographer Documents The Beauty Of Animals With...

From dogs with three legs, to cats born without eyes, Perfect Imperfection celebrates the intrinsic beauty of animals who have overcome adversity...

[WWW.BORED PANDA.COM](http://WWW.BORED PANDA.COM)

Good Life: Hello February! Looking for a new DIY project to start this month? Here are a variety of ideas to check out! #MakeItMonday Have a wonderful day everyone!



40 DIY Project Ideas and Tutorials Your Pet Will Totally Appreciate

**BOGO Bowl**  
October 31, 2015 · 🌐

Good Trick: Happy Halloween friends! If your furry friend is dressing up for the festivities be sure to share the cuteness with us! We sure hope everyone enjoys all the treats and tricks today!



### How to Give Your Pets a Safe and Happy Halloween : The Humane Society of...

For pets, trick or treating and costumes are more stressful than fun, so follow our tips to keep them...

[HUMANESOCIETY.ORG](http://HUMANESOCIETY.ORG)

**BOGO Bowl** updated their cover photo.  
November 30, 2015 · 🌐

Good Giving: We're continuing the love through 11/30/16! We'll add a bonus 5# to every match earned. No coupon needed. #sharethelove #givingtuesday

share the love  
#givingtuesday



**BOGO Bowl**  
July 4, 2015 · 🌐

Good Day: From the BOGO Bowl family to yours - happy independence day! Be safe and have fun.



## HAPPY FOURTH OF JULY!

(please be mindful of vets & pets while enjoying fireworks)





Did you know [BOGO Bowl](#) is doing a photo contest? You can win [BOGO Bowl](#) food (of course), plus [Treat Planet](#) treats (Chance adores them!) and a [Save our Tails](#) kit. And all you have to do is show off your adorable furbabies, which you love doing anyway. Go!



Instagram photo contest

[BOGOBOWL.WISHPOND.COM](#)



**BOGO Bowl** updated their cover photo.  
March 10, 2016 · 🌐

Cast your vote! There's still time. The photo with the most votes will win an awesome prize package of BOGO Bowl food, Treat Planet treats and a Save Our Tails kit! <https://bogobowl.wishpond.com/bogolicious/>



👍 Like    💬 Comment    ➦ Share

👍 7

Top Comments ▾



Write a comment...



**Lyndsay Marvin** Congrats to the winner! We tied for second.

Like · Reply · 🗓 1 · March 11, 2016 at 2:50am



**BOGO Bowl** updated their cover photo.  
February 25, 2016 · 🌐

We're having a photo contest! Show us your favorite picture of you and your best pal and you could win! One random winner each week and the final prize (based on votes) decided March 11. Enter now and vote for your favorites! <http://bit.ly/1PHKd09>







**BOGO Bowl** @BOGOBowl · 21 Jul 2015

Good Story: Did you know you can learn more about our BOGO Buddies and their stories at [TeamBogobowl.com? fb.me/1pMM7RdEX](http://TeamBogobowl.com?fb.me/1pMM7RdEX)



**BOGO Bowl** @BOGOBowl · 25 Nov 2015

If you're traveling for Thanksgiving be sure to check out these road essentials for your pet!



**The Puppy Run** @ThePuppyRun · 14 May 2015

Welcome @BOGOBowl as a doggy treat partner for #ThePuppyRun!

Dog signups get bowls, bandanas, AND a tasty surprise!!



**BOGO Bowl** @BOGOBowl

Follow

Replying to @ThePuppyRun

Thanks for the love, @ThePuppyRun ! We're so excited to provide samples of our 4 star dog food for your run! Fun way to raise \$ & awareness!



**BOGO Bowl** @BOGOBowl · 29 Oct 2015

Good Laugh: How cute are these throwback pictures! #ThrowbackThursday [ow.ly/TejPE](http://ow.ly/TejPE)



**23 Before-And-After Photos Of Pets Growing Up With Their Toys**

Most of us, as children, had a favorite teddy, blanket or pillow, and dogs and cats do just the same thing – oftentimes, the toy they played with when t...



**BOGO Bowl** @BOGOBowl · 27 Sep 2015

Good Life: Puppy mills have no justifiable reason to exist. Let's work together to end them!



**Rescued Puppy Mill Dogs Get a Second Chance**

In July 2014, the Cherokee County Animal Shelter and Cherokee County Marshal's Office busted a huge puppy mill that had been operating in Georgia since the 1...

[youtube.com](http://youtube.com)



**BOGO Bowl** @BOGOBowl · 9 Feb 2016

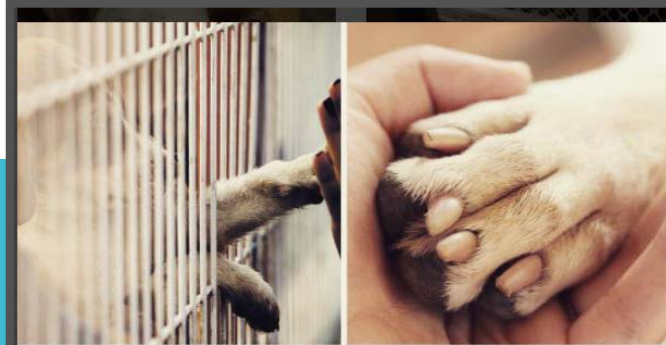
Good Fun: We want to see your furbabies! Starting tomorrow (February 10th) we'll be running a photo contest.... [fb.me/12Z3V43tY](http://fb.me/12Z3V43tY)



**BOGO Bowl** @BOGOBowl · 27 Nov 2015

Be sure to check out your local shelters and contribute to national adopt a senior dog month! [ow.ly/URGNb](http://ow.ly/URGNb)





**BOGO Bowl**  
April 19, 2016 · 🌐

32 likes 41w

bogobowl From shelter to bed. They are our buddies, our pals, our clowns, and our hearts. When you choose BOGO Bowl you are helping someone else's future best buddy. #bogobowl #adoptdontshop #bestfriend4paws #dogs #dogsofinstagram #dogmom

domainedupaws I ❤️❤️ what you guys are doing so much! I'm going to buy our donated 🍖🍖 food from @bogobowl! you guys are the best! 🙌🙌 cheers!

Log in to like or

By a bag, we give a bag

**BOGO BOWL**  
CHICKEN MEAL & RICE

**BOGO Bowl**  
June 21, 2016 · 🌐

Good Kitty: Got to drop off 100 pounds of kitten and adult cat food today to benefit a small rural shelter. Groups in small towns have a double whammy to deal with - lots of animals that end up homeless, but not a lot of people able to support their efforts. That's why we're highlighting rural shelters this month and next. If you have one in your community stop by and check them out!

**BOGO Bowl**  
April 19, 2016 · 🌐

Good Friends: Just have to say, our customers are the best. Have a great Tuesday.

Like Comment Share

**BOGO Bowl**  
November 16, 2015 · 🌐

Good Giving: We're so proud and pleased to be included in this list from Better Homes & Gardens - what great company to be in!

**Gifts That Give Back**

Embrace an attitude of gratitude this holiday season with gifts that bring joy to the people in your life and give back to those in need.

BHG.COM



**BOGO Bowl**  
August 1, 2016 · 🌐

44 likes

bogobowl August 1, 2016 · 🌐 How will you celebrate? #bogobowl #dogsofinstagram #dogmom #dogs #bestfriend4paws #adoptdontshop #nationaldogday

peterchenlv cute!  
sheepadoodlebutler Cuuute  
littlejazzmann 🐶

**Happy NATIONAL DOG DAY**

**BOGO Bowl**  
February 16, 2016 · 🌐

Good Giving: In the last 2 days we've sent more than 1100 samples to 3 organizations for upcoming events. If your favorite nonprofit is having a run, a dinner, an auction, or some other event, have them shoot us an email and we'll get them hooked up! The more people that know about BOGO Bowl, the more food we can send to feed hungry animals!

Like Comment Share



**Iowa Realty Commercial** added 2 new photos.  
Published by Irc Boc [?] · June 28 ·

New Office/Retail opportunity in Ankeny, IA! 11,547 SF, 1 car garage, open cubicle space, 47 on-site parking spaces, and more! Contact listing agents Jordan Bouslog (515-402-9131) and Mark E. Timmins (515-988-2765) for more information on this unique opportunity!

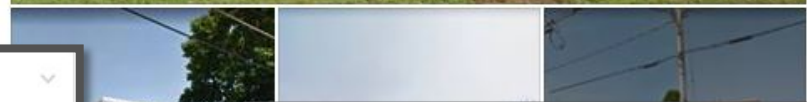


**RETAIL OPPORTUNITY**  
**RE: \$15.00/Gross**

Size: 11,547 sq ft  
0.7 Acres  
Large open parking  
Mark E. Timmins  
(515) 988-2765  
IowaRealtyCommercial

**Iowa Realty Commercial** added 6 new photos.  
Published by Irc Boc [?] · July 20 at 11:48am ·

New Opportunity at 3800 E. Douglas Ave! Sale price is \$2,600,000 at 5.597 acres, in R1-60 Zoning (one family, low density residential district). For more information on this property please contact John Knapp (515-453-5467) & Blake Pagliai (515-453-5431) today!



**Iowa Realty Commercial** added 2 new photos.  
Published by Irc Boc [?] · June 30 ·

For Lease: 3116 NW Prairie Lane, Johnston w/ 5,220 SF, \$6.00 NNN, LI Zoning, outdoor storage and more! Please contact listing agents Blake Pagliai (515-720-6215) or John Knapp (515-778-8870) for more information on this new opportunity!



**3116 NW Prairie Lane, Johnston | FOR LEASE**



**Iowa Realty Commercial** added 2 new photos.  
Published by Vanessa Alyssa Leon [?] · August 10 at 9:58am ·

New business opportunity for sale! 103 & 105 W. Monroe in Pleasantville, IA. Property includes 2 buildings, priced at \$350,000 located southside of downtown square! Price includes all inventory and equipment and financials are available upon request! Contact Carrie Williams (515-453-5476) and Tom Hudson (515-453-5480) for more information on this opportunity today!



**Iowa Realty Commercial** added 7 new photos.  
Published by Irc Boc [?] · July 31 at 11:15am ·

West Des Moines shop for lease! Priced at \$7.00/NNN w/ a lease term of 5 years, this property has fenced in outdoor storage and dock doors. 1848 Fuller Road has 2,500 SF available and ceiling height of 16'. For more information please contact listing agent Mick Grossman (515-453-5432) on this new opportunity today!







## Iowa Realty Commercial

Once in a lifetime opportunity to buy this beautiful property near Lake Rathbun and Honey Creek Resort! 35 acres of land, duplex style luxury cabin, hard surface boat ramp and more! \$1,100,000. Call Jordan Bouslog at 515-402-9131 or Mark Timmins at 515-988-2765 or get more details here: <https://goo.gl/mHMI7v>.



1,760 people reached

821 Views



## Iowa Realty Commercial

Home and acreage for sale in Unionville! Custom built timber frame home on 10 acres. The property is part of a development of 240 acres with stocked fishing ponds, ATV and horse trails, rolling hills and more! Call Tom Hudson at 515-453-5480 or John Arnold at 641-895-2532 or get more details here: <https://goo.gl/klUkse>.



212 people reached

Boost Post



## Iowa Realty Commercial added 2 new photos.

Published by Vanessa Leon [?] · May 31 at 12:49pm ·

Retail available for lease! Suite 227 - located at 700 Walnut Street, Des Moines. This property features 2,062 SF at \$25.00 modified gross with access to nearby parking and located on a prime development corner! Available suite is located on sky-walk adjacent to newly completed Walnut St. Renovation District. Please contact listing agents Kevin Crowley (515-453-5429) and Jason Lozano (515-577-4225) for more information on this opportunity!

**700 Walnut, Des Moines, IA**

**RETAIL AVAILABLE FOR LEASE**



**RETAIL AVAILABILITY**

- Suite 227 2,062 USF

**LEASE RATE**

- \$25.00 Modified Gross
- Negotiable improvement
- Five year lease commit

**700 Walnut, Des Moines, IA**

**RETAIL AVAILABLE FOR LEASE**






## Iowa Realty Commercial added 3 new photos.

Ready to have your own office space? These Urbandale office condos available immediately! Contact listing agent Tim Day (515-453-5488) or Patterson (515-453-5459) for more information on this great opportunity!



**Urbandale Office Condos FOR SALE**

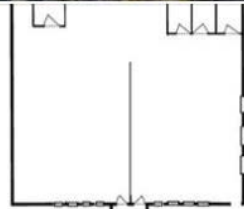


**7025 Hickman Rd. Units 3 & 4, Urbandale**

**AVAILABLE IMMEDIATELY**

2 Units Offered:

- Unit 3: 1,875 SF \$120,000
- Unit 4: 1,875 SF \$120,000




## Iowa Realty Commercial added 4 new photos.

Investment property for sale! Just off HWY 65 / HWY 6 Interchange and 95% leased. For price and property details please call listing agents Tom Hudson (515-453-5480) or Mick Grossman (515-771-3299) for further information.




**Investment Property For Sale**

**4905 Hubbell Ave**



**5 Hubbell Avenue**



**Call For More Info:**

- Call Tom Hudson (515-453-5480)
- Call Mick Grossman (515-771-3299)
- Call Jason Lozano (515-577-4225)
- Call Kevin Crowley (515-453-5429)

**Property Details:**

- 4905 Hubbell Ave
- 5 Hubbell Avenue
- Call For More Info

